



**Bridging the generations
through powerful conversations**

Ways to volunteer

Talk to Elders and youth (13 and up) on Zoom
2nd Saturdays 11:00-12:00
and in person in Olympia and Victoria

The Elder Project: Native Elder storytelling and writing

Grandparents/youth panel comes to your group

At home projects, or card making

Financial donations always gratefully accepted



Check it out!

www.ThisIsStep.org

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"I feel better and have more energy!"